

# Parents As Teachers @ USC Telehealth

## Thank You for Being a Part of Our Program!

We hope everyone had a fun and safe holiday season! We are so excited to be partnering with you and your family and we are looking forward to seeing what the New Year brings!

## Parent-Child Interaction

### Tearing Paper Valentine's Day Craft

What you will need:

- A sheet of paper with a heart outline drawn on it
- Construction paper
- Glue stick
- Marker

Instructions:

- Draw a heart outline on a sheet of paper
- Help your child tear up construction paper into tiny pieces (if they are too young for this step have small pieces available)
- Help your child glue the pieces of construction paper into the heart outline
- Write "I love you to pieces!" on the paper and allow your child to scribble designs with the markers

This craft promotes cognitive, fine motor, and social development!



animal babies  
in polar lands



### Book Sharing: *Animal Babies in Polar Lands*

It's Winter, but you may not live in a cold area. No matter where you live, you can use this book to talk about cold weather and animals who live in cold places.



## Let's Talk About: Getting the most out of Parents as Teachers @ USC Telehealth

*Some of the below information was gathered from the Parents as Teachers "Getting the most out of Parents as Teachers" Parent Page. Additional information specific to our program has been added.*

### **Observe your child:**

You see your child every day; your parent educator visits with you for a short time. Be ready to share what's new with your parent educator. You could even keep a journal about what you observed!

### **Let your parent educator know your thoughts and feelings:**

Fully participate in the partnership. Don't be embarrassed to ask any questions you might have. Share your goals for your child and the progress you're working toward achieving them. Feel free to share fears or things that worry you. Your parent educator will keep your comments confidential.

### **Follow up on recommendations:**

Your parent educator will suggest activities you can do with your child between personal visits. Have fun doing these with your child and observe his/her development. If you and your parent educator form a plan for getting special services, follow the plan and make the necessary contacts.

### **Screenings and Assessments are Powerful Tools:**

Partner with your parent educator to complete screenings and assessments. Use the results to empower your family, create action plans with your parent educator, and improve overall well-being. If you have questions about a screening or an assessment, don't be afraid to ask.

### **Attend group connections:**

Group connections can provide new information from experts, allow you to meet other families, and give you fun activities to do with your child. You get the most out of your Parents as Teachers program when you participate in all the components – personal visits, group connections, screening, and using community resources.

### **We Value Your Participation and Feedback:**

We are always looking for ways to improve our program. Be sure to engage with us on Facebook (public page and private group) and feel free to give us suggestions. We also love reading your feedback on the parent satisfaction and group connection surveys.

*Remember: You are your child's first and most influential teacher.*



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