

Summer Newsletter

HAPPY SUMMER!



SUMMER IS HERE

It's Finally Summer!

Hooray for summer! Long days, warm nights, and sunshine- we are so excited for summer!

We can't wait to share summer related topics, see your child/children reach developmental milestones, and support you and your family this season!

Follow Us for More Tips

We are on Facebook!

Follow us and like our page:

<https://www.facebook.com/PATUSCTelehealth/>

Join Our Private Facebook Group!

We also have a private Facebook group just for families that are enrolled in our program! Email our Project Coordinator, Amanda, at johnsoac@usc.edu if you would like to join!

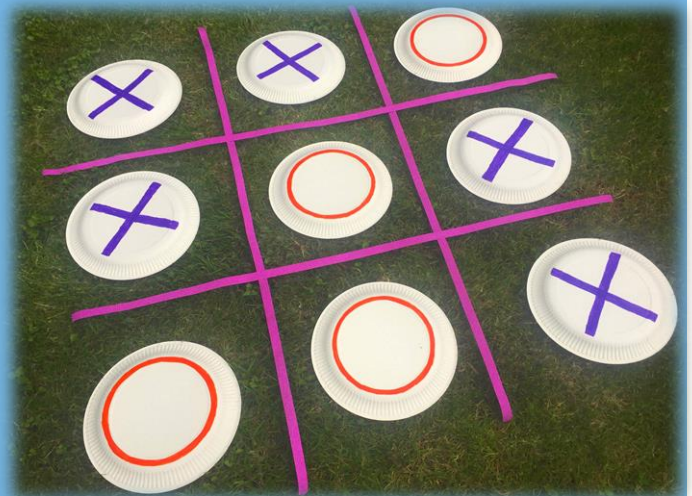
Group Connection Updates

You Can Now Sign up For Group Connections on Our Website!

Go to: <https://pat.usc.edu/group-connections/> to see upcoming group connection topics, register, and more! *What group connections would you like to see in the future? What times are best for you? Keep an eye out for an upcoming survey where you can voice your opinion!*

Easy Summer Yard Game For Kids- Giant Tic-Tac-Toe

- Draw x's and o's on the back of paper plates
- Spray paint, tape, or draw a large Tic-Tac-Toe Board in the grass or on the sidewalk
- You now have a fun game for the entire family! (Children under 24-36 months can match or count the shapes!)



Summer Crafts for Babies and Toddlers



NATURE SUNCATCHER

You will need:

- Clear contact paper
- Nature items for your yard or park
- String

Steps:

1. Cut out 2 of the same sized shapes from contact paper.
2. Go outside for an adventure with your little one and let them gather flowers, leaves, etc.
3. Peel off the back of a piece of the contact paper and have your child stick their finds on the paper.
4. Peel the backing off of the other piece of contact paper and stick both pieces together.
5. Trim into desired shape and cut a hole in the top.
6. Hang in the window!



Use Your Baby's Footprints to Create Sunshine!

You will need:

- Paper or canvas
- Yellow Paint

Steps:

- Paint a circle or half circle on the paper or canvas
- Paint the bottoms of your baby's feet and stamp them around the circle or half circle as sun rays
- Let dry, wash off your baby's feet, and enjoy the painting for years to come!



Quick Tip: Summer is also a great time to do messy, fun sensory play outside!

Summer Book Sharing

Free Bilingual Books from Read Conmigo!

Visit <https://readconmigo.org/> to

download free bilingual books!

Some states are eligible to receive

free printed books as well.

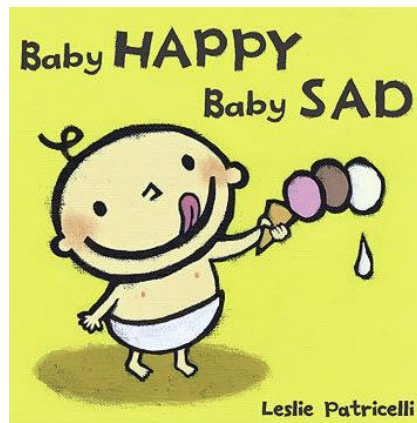


Recommended Book to Check Out From The Library:

Baby Happy, Baby Sad

This is a great book to help your child start recognizing emotions.

The pictures in this book are cute as well.



* Developmental Topic-Attachment

When parents provide close, loving care and a variety of experiences, they are building a secure attachment, preparing their child for future success in school, and increasing his or her ability to form relationships later on.

**Information found in the Parents as Teachers Curriculum*

* SUMMER FEATURED PARENT-CHILD INTERACTION: BOXES ARE FUN!

What do we have?

- > Boxes of many sizes
- > Soft balls or rolled socks

How do we do it?

With babies

1. Place your baby on a blanket in a large, open box. Talk to her as she explores this new environment.
2. Ask her if she would like a ride and pull the box, with her inside, around your yard or room. If your baby is learning to sit, position her in a corner of the box and provide a cushion for support.
3. Roll balls into the large box or smaller boxes and encourage your baby to scoot or crawl to get them.

With young children

1. Allow your children to safely climb in and out of big boxes. Talk about what your children are doing as they climb. Slowly tip them to the side and help them climb out.
2. Follow your children's lead and interest as they play. They may want to stack the boxes, push and carry them around, or pretend they are cars.
3. Play a tossing game by throwing balls into the boxes.

What's in it for us?

- > **Motor:** Your children are improving their control over large muscles by doing large movements such as climbing and stacking.
- > **Language:** They are learning positional words as you talk to them about climbing "in," "out," "on," "under," and "in front of."
- > **Social-emotional:** Play helps your children develop their attention span and concentration, important skills for success in school.

The boxes your baby plays with need to be small enough for her to hold and stack, but not small enough for her to put in her mouth. You don't want the box or block to be something she could choke on.

Avoid stacking heavy items taller than your children.